**Referral Form**

Once your referral has been received, you will be contacted with in 2-3 weeks to arrange the initial appointment.

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| **Date** |  | |
| **Ref No** | |  |

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| **Client Detail**  Anyone under the age of 16 is required to have guardian confirmation to be referred in by school or an organisation. | |
| **Full name** |  |
| **D.O.B and age** |  |
| **Address**  **Postcode** |  |
| **Contact number**  **Email address** |  |
| **GP name and address** |  |
| **GP contact number** |  |

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| **Guardian Details** (if app) | |
| **Full name** |  |
| **Contact number** |  |
| **Email address** |  |

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| **School / Collage Details** (if app) | |
| **Name**  **Address**  **Postcode** |  |
| **Head of year** |  |
| **Contact number** |  |
| **Email address** |  |

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| **Referrers Details** | |
| **Full name** |  |
| **Organisation / school** |  |
| **Address**  **Postcode** |  |
| **Contact number** |  |
| **Email address** |  |
|  |  |
| **Please state who Spiral should contact to arrange the appointment with guardian/carer/school.....** |  |
| **Is the young person or family involved with any other agencies?**  ***Please document; name, email, and organisation.*** | **1.**  **2.**  **3.** |
| **Is the young person neuro diverse? Or a physical impairment?** |  |
| **Please document if the young person is:**  **- Being Bullied**  **- vulnerable to bullying,**  **- showing bullying behaviour**  **- previous bullying** |  |

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| **Reason for Referral** |
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| **What Outcome Do You Want from Spiral Service?** |
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By ticking the box, I confirm for Spiral to use this information for the purpose of arranging 1-2-1 support, storing if for the length of time required by their insurance, and multi-agency working.

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If you would like to be added to our mailing list, please provide your email

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Spiral’s new service does not provide counselling. The 1-2-1 support is to work with young people and their guardians and at early stages of the problem behaviour to prevent further harm to their long-term mental health. The support offered is emotional education, sessions are structured and provide techniques to improve emotional well-being.

Spiral collect evidence of work done this can be in the form of record keeping, case studies or recorded interviews. All documents are encrypted and passcoded for security.

**Return to the email or address below.**